

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|---|
| | | | | 1 Ham, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 2 French Toast Sticks Hash Brown Rounds Mini Pancakes Bagel with Cream Cheese | 3 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mini Pancakes Bagel with Cream Cheese |
| 4 Breakfast Sandwich Sliders Mini Pancakes Bagel with Cream Cheese | 5 Warm Strawberry Guava Flip Mini Pancakes Bagel with Cream Cheese | 6 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 7 Breakfast Burritos with Salsa Mini Pancakes Bagel with Cream Cheese | 8 Ham, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 9 Whole Grain Waffles Sausage Links Mini Pancakes Bagel with Cream Cheese | 10 Cheesy Scrambled Eggs and Whole Grain Toast Mini Pancakes Bagel with Cream Cheese |
| 11 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Mini Pancakes Bagel with Cream Cheese | 12 Breakfast Pizza Mini Pancakes Bagel with Cream Cheese | 13 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 14 Warm Cinnamon Rolls Mini Pancakes Bagel with Cream Cheese | 15 Ham, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 16 French Toast Sticks Hash Brown Rounds Mini Pancakes Bagel with Cream Cheese | 17 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mini Pancakes Bagel with Cream Cheese |
| 18 Breakfast Sandwich Sliders Mini Pancakes Bagel with Cream Cheese | 19 Warm Strawberry Guava Flip Mini Pancakes Bagel with Cream Cheese | 20 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 21 Breakfast Burritos with Salsa Mini Pancakes Bagel with Cream Cheese | 22 Ham, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 23 Whole Grain Waffles Sausage Links Mini Pancakes Bagel with Cream Cheese | 24 Cheesy Scrambled Eggs and Whole Grain Toast Mini Pancakes Bagel with Cream Cheese |
| 25 Breakfast Tacos with Eggs, Cheese, Scallions, Salsa and Jalapenos Mini Pancakes Bagel with Cream Cheese | 26 Breakfast Pizza Mini Pancakes Bagel with Cream Cheese | 27 Sausage, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 28 Warm Cinnamon Rolls Mini Pancakes Bagel with Cream Cheese | 29 Ham, Egg and Cheese or Egg and Cheese on English Muffin Mini Pancakes Bagel with Cream Cheese | 30 French Toast Sticks Hash Brown Rounds Mini Pancakes Bagel with Cream Cheese | 31 Loaded Hash Browns with Eggs, Cheese, Bacon Crumbles, Scallions, Sour Cream, Salsa Mini Pancakes Bagel with Cream Cheese |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | 1 | 2 | 3 |
| | | | | Tater Tot Bar: Veggie Chili or Taco Beef Cheese Sauce Roasted Veggies Carrot Sticks Broccoli | Hamburger Veggie Burger Hotdog Potato Chips Watermelon | Pepperoni Pizza or Cheese Pizza Crinkle Fries (Pizza is avail on cauliflower crust with vegan cheese also) |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| BBQ Hamburger Veggie Burger Grilled Chicken Vegan Chicken Coleslaw Pasta Salad Watermelon | Choose One Chicken Quesadilla or Vegetable Quesadilla Or Turkey & Cheese Black Beans Salsa | Choose One BBQ Pulled Pork Sandwich or Crispy Chicken Sandwich Or Ham & Cheese Sweet Potato Fries Corn | Choose One Chicken & Waffles or Eggplant Parm Sandwich or Turkey & Cheese Tater Tots Cucumber Wheels | Choose One Mozzarella Stick Basket w/ Marinara Dip or Vegan Sausage Sub or Ham & Cheese Sandwich Tater Tots Roasted Chickpeas | Choose One Cheese Pizza or Pepperoni Pizza or Ham & Cheese Sandwich Fries Homestyle Baked Beans (Pizza is avail on cauliflower crust with vegan cheese also) | Crispy Chicken Drumsticks Or Breaded Eggplant Sweet Potato Fries Roasted Veggies |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Grilled Ham & Cheese or Black Bean Burger Crinkle Fries Broccoli Florets | Choose One Baked Penne w/ Chicken Parmesan or Vegan Nuggets Or Ham & Cheese Seasoned Carrots Broccoli | Choose One Popcorn Chicken Bowl or Vegan Nugget Bowl or Turkey & Cheese Garden Salad Seasoned Corn Cucumber Wheels | Choose One Meatball Parmesan Sub or Vegan Meatball Sub or Turkey and Cheese Tater Tots Cherry Tomatoes Cucumber Wheels | Choose One Buffalo Chicken Dip or Spinach and Artichoke Dip w/ Whole Grain Tortilla Chips or Ham & Cheese Carrot and Celery Sticks | Choose One Chicken Salad Sandwich or Egg Salad Sandwich or Ham and Cheese Sub Crinkle Fries Mixed Veggies Cherry Tomatoes | Crispy Chicken Sandwich Or Crispy Vegan Nugget Sandwich Tater Tots Mixed Veggies |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Chicken Quesadilla or Vegetable Quesadilla Black Beans Garden Salad Tomato Soup | Choose One BBQ Pulled Pork Sandwich or Warm Roasted Provencal Sub or Turkey and Cheese Sub Homestyle Baked Beans Carrot Sticks | Choose One Steak & Cheese Sub or Vegan Chorizo Sub Or Ham & Cheese Roasted Onions, Peppers & Mushroom Sweet Potato Fries | Choose One Ham & Cheese or Turkey & Cheese or Sunbutter Jelly Seasoned Corn Apple Slices Potato chips | Choose One Crispy Chicken Sandwich or Greek Hummus Wrap or Turkey and Cheese Cherry Tomatoes Celery Sticks | Choose One Classic Cheese Burger or Black Bean Burger Or Turkey & Cheese Sandwich Mixed Veggies Baby Carrots Potato Chips | Swiss Tuna Melt or Vegan Nuggets Crinkle Cut Fries Carrot Sticks |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| BBQ Crispy Chicken Sandwich or Fresh Veggie & Hummus Pocket French Fries Mixed Veggies | Choose One Chicken Caesar Salad or Hummus Bento Box or Ham and Cheese Sub Crinkle Fries Broccoli Florets Cherry Tomatoes | Choose One Soft Beef Tacos or Soft Vegan Tacos or Turkey & Cheese Sandwich Garden Salad Cucumber Wheels | Choose One Teriyaki Chicken w/Lo Mein Noodles Or Eggplant Parm Sandwich or Ham & Cheese Cut Carrots Cucumber Wheels | Choose One Mac & Cheese w/ Breadstick or Vegan Mac & Cheese or Turkey and Cheese Broccoli Florets Apple Slices | Choose One Hawaiian Cauliflower Pizza or Tofu Hawaiian Cauliflower Pizza (V) Or Ham & Cheese Mixed Veggies Garden Salad | Crispy Chicken Drumsticks Or Breaded Eggplant Sweet Potato Fries Roasted Veggies |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | 1 | 2 | 3 |
| | | | | | Pesto Tortellini w/ Chicken Vegan Pesto Gnocci Roasted Squash Dinner Roll | Chicken & Rice Stuffed Peppers Vegan Crumble & Rice Stuffed Pepper Garlic Bread |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Stir Fry Kielbasa Vegan Sausage White Rice Mixed Veggies | Tomato Basil Cauliflower Pizza Ham & Cheese Garden Salad | BBQ Bacon Meatloaf Vegan Meatballs Mashed Potatoes Garlic Roasted Green Beans | Chicken Cordon Blue Vegan Grilled Chicken Side Caesar Roasted Asparagus | Beef or Bean Enchiladas (Vegan Enchilada) Cheese, Sour Cream and Salsa Verde Black Beans | Corned Beef Vegan Crumbles Jasmine Rice Yellow Plantains Corn | Meatball Parmesan Sub or Vegan Meatball Sub Tater Tots Broccoli |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Stew Chicken Vegan Stew Jasmin Rice Mixed Veggies | Fish Sandwich Tarter Sauce French Fries Coleslaw | Beef Tacos Or Vegan Chorizo Taco Spanish Rice Lettuce Cheese Tomatoes Salsa Guacamole | Macaroni and Cheese Or Breaded Eggplant w/ GF Pasta Green Beans Freshly Baked Dinner Roll | Shepherds Pie Vegan Shepherds Pie Biscuit Fresh Fruit Cup | Beef & Broccoli Tofu & Broccoli Lo Mein Asian Mixed Veggies | Stir Fried Kielbasa Vegan Sausage Cheese and Potato Pergogis Broccoli & Carrots |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Chicken Teriyaki or Vegan Nugget Teriyaki w/ Not-So-Fried Rice Asian Mixed Vegetables | Corned Beef Jasmine Rice Yellow Plantains Corn | Herb Roasted Turkey Or Black Bean Burger Pasta Salad Cole Slaw Cornbread | Chicken & Rice Stuffed Peppers Vegan Crumble & Rice Stuffed Pepper Garlic Bread | Mozzarella Sticks Corndog Mac & Cheese Bites Vegan Ital Sausage w/ Plantains Marinera Sauce Side Salad | Slow Roasted Beef Vegan Beef Crumbles Glazed Carrots Potato Hash Italian Seasoned Breadstick | French Bread Cheese Pizza Or French Bread Pepperoni Pizza French Fries |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Popcorn Chicken Bowl or Vegan Nugget Bowl Seasoned Corn Cucumber Wheels | Broccoli Stuffed Chicken or Breaded Eggplant Mashed Potato Carrots | Beef and Broccoli Oven Roasted Potatoes Egg Noodles Homemade Gravy Freshly Baked Dinner Roll | Glazed Porkchops Vegan Chicken Mashed Potatoes Mixed Vegetables | Broccoli Stuffed Chicken Breaded Eggplant Mashed Potatoes Carrots | Meat or Veggie Lasagna Vegan Lasagna Garden Salad Freshly Baked Garlic Bread | Baked Ham Vegan Nugget Roasted Red Potatoes Mixed Vegetables |